

# Consent for the Vampire Facelift® Procedure

## A. Purpose

Using blood-derived growth factors (platelet rich plasma [PRP]), the Vampire Facelift™ is a safe procedure for renewing the skin of the face and for correcting shape.

## B. Benefits

This treatment is natural in that your own cells are used and injected into the specified areas. Since a distillate of growth factors from your own blood (PRP) is used, there should be no side effects from the material injected. The body reacts to the treated cells as it does to a wound and immediately starts repairing the tissue. This builds the underlying tissue with tightening, smoothing, and increased blood flow (which makes the color more attractive). You should see improvements immediately, although there is usually a return to prior treatment status in 3-5 days as the water is absorbed and prior to the complete action of the cellular regenerative process. Within 2-4 weeks you will see improvement with continued positive changes for 12 weeks. There's actual growth of new tissue by stimulation of uni-potent stem cells, so the change is not from something foreign being in the body but from the body actually rejuvenating and growing. The PRP stimulates new blood flow with new blood vessels (neovascularization). The results of this treatment should last for at least 6 months to one year, but results may vary and research documenting the longevity or results are ongoing.

## C. Treatment

You may take a pain medication, such as Tylenol. Do not take aspirin, Advil, Motrin, Aleve, non-steroidal anti-inflammatory medication, or corticosteroids. These drugs may inhibit the stem cells natural inflammatory response. Approximately 20 cc (less than 2 tablespoons) of blood are drawn in the same way blood samples are taken for routine lab tests. The tubes of blood are centrifuged to separate the component cells. Platelets that contain growth factors are separated and used for this procedure. Those platelets are transferred into a syringe and injected into the face using a tiny needle and a process is used to distribute the growth factors and increase their effectiveness.

## D. Foreseeable risks and discomforts

The primary risks and discomforts are related to the blood draw where there is a slight pinch to insert the needle for collection and a potential for bruising at the site. The injections at the treatment locations cause pain similar to an intramuscular injection. There is a potential for pain and/or bruising at the injection sites. Smokers have less positive response to this treatment than non-smokers, since the toxins in cigarette smoke block the response of the stem cells. There may be some variation in achieving the results requested as everyone's body type is different and may have a different response. The introduction of the needle into the skin always presents the possibility of infection, scarring, loss of sensation, or change in muscle strength. A difference in size of the face on one side compared to the other could occur.

## E. Post-treatment

The post treatment therapy will be explained at the time of injection.

## PHOTOGRAPHS

I authorize the taking of clinical photographs and their use for scientific purposes in presentations. I understand my identity will be protected.

## F. Payment

I understand this is a cosmetic procedure and that payment is my responsibility. I have read the above and understand it. If this procedure involves the use of other materials (like an hyaluronic acid filler--[Juvederm or Restylane] or a neruo-blocker [Botox or Dysport], a separate and additional consent form may be used. The doctor/NP/PA and staff have answered my questions satisfactorily. I accept the risks and complications of the procedure.

Name (Printed): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_